Legal Notice

Suramoon · Last updated: 4 November 2026

Provider

The provider of this website and of all Suramoon offerings is:

Suramoon

Bettina Rashidi-Sangsari, specialist in general internal medicine (Fachärztin Allgemeine Innere Medizin FMH)

self-employed (sole proprietorship)

Spiegelgasse 14

8001 Zürich

Switzerland

Email: info@suramoon.com

Phone: 0041783406474

Bettina Rashidi-Sangsari is the sole contracting party of all participants. She provides all Suramoon services in her own name, for her own account and under her own responsibility.

Payment Partner

Invoices for Suramoon offerings are issued and collected in the name and on behalf of Bettina Rashidi-Sangsari by:

Praxis Jakobus GmbH

Badenerstrasse 29

8004 Zürich

Switzerland

Company ID (UID): CHE-296.106.215

Praxis Jakobus GmbH acts solely as payment partner. It is not the provider, organiser or contracting party of the retreats and does not provide any Suramoon services.

Professional Information

- Professional title: physician, specialist in general internal medicine, awarded in Switzerland
- Licence to practise: Canton of Zurich

- Competent supervisory authority: Health Directorate of the Canton of Zurich (Gesundheitsdirektion des Kantons Zürich)
- Professional regulations: Swiss Federal Act on the University Medical Professions (MedBG)

Value Added Tax

VAT number (MWST): not subject to VAT

EU Representative (Art. 27 GDPR)

Julia Nürnberger
Sanderijnstraat 37-3
1055 BP Amsterdam
Netherlands
Phone: +31 6 4184 6242

Cookie Policy

Information about the cookies used on this website is available in our Cookie Policy (PDF). You can change or withdraw your cookie consent via the “Cookie settings” control on this website.

Responsible for Content

Bettina Rashidi-Sangsari, address as above

Disclaimer

The content of this website provides information about Suramoon’s offerings. It does not replace a personal medical assessment. The operators of linked websites are solely responsible for their content.

Privacy Policy

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1. Controller

The controller responsible for processing your personal data is:

Suramoon

Bettina Rashidi-Sangsari, specialist in general internal medicine (Fachärztin Allgemeine Innere Medizin FMH)

self-employed (sole proprietorship)

Spiegelgasse 14

8001 Zürich

Switzerland

Email: info@suramoon.com

EU representative (Art. 27 GDPR):

Julia Nürnberger

Sanderijnstraat 37-3, 1055 BP Amsterdam, Netherlands

+31 6 4184 6242

Bettina Rashidi-Sangsari offers the Suramoon retreats on a self-employed basis. She alone decides which data are processed and for what purpose.

2. Payment Partner Praxis Jakobus GmbH

Invoicing and payment collection are handled by **Praxis Jakobus GmbH**, Badenerstrasse 29, 8004 Zürich, Switzerland, in the name and on behalf of Bettina Rashidi-Sangsari.

- Praxis Jakobus GmbH processes your data as a processor, solely on the instructions of Bettina Rashidi-Sangsari and only for invoicing and payment.
- It receives only: name, address, email, phone, amount, retreat date and payment status.
- It receives **no** health information, questionnaires or medical records.
- It does not use your data for its own purposes and keeps them separate from its patient data.
- The obligations of Praxis Jakobus GmbH are set out in a data processing agreement.

Praxis Jakobus GmbH is not the provider of the retreats.

3. Data We Process

Area	Data	Purpose
Website visit	IP address, date and time, pages visited, browser, device	Operation and security of the website
Contact request (WPForms contact form or email)	Name, email, phone, message	Responding to your request
Booking	Name, address, email, phone, date of birth, selected retreat	Contract, organisation, accommodation
Payment	Invoice amount, receipt of payment, type of payment method, payment provider references	Invoicing and payment (by Praxis Jakobus GmbH)
Health	Information from the preliminary consultation and registration questionnaire, pre-existing conditions, medication, medical records during and after the retreat	Assessment of suitability, safe conduct of the retreat, aftercare

Health information is sensitive personal data. It is subject to medical professional secrecy and is processed only by Bettina Rashidi-Sangsari and the treatment team she engages.

Neither Suramoon nor Praxis Jakobus GmbH stores full card numbers. They remain with the payment provider.

4. Legal Bases

In Switzerland, we process personal data in accordance with the Swiss Federal Act on Data Protection (DSG). For persons in the EU, the following legal bases under the GDPR apply:

- Contract and pre-contractual measures (Art. 6(1)(b) GDPR)
- Legal obligations, e.g. retention of accounting records (Art. 6(1)(c) GDPR)
- Legitimate interests, e.g. website security (Art. 6(1)(f) GDPR)
- Consent, e.g. for analytics cookies (Art. 6(1)(a) GDPR)
- Health data: your explicit consent and medical treatment (Art. 9(2)(a) and (h) GDPR)

5. Disclosure to Third Parties

Recipient	Data	Purpose
Praxis Jakobus GmbH, Zürich	Master, invoicing and payment data	Invoicing and payment (see section 2)
Praxis Jakobus GmbH, Zürich, CH06 0630 0508 5540 6750 0 Praxis Dr. med. B. Rashidi-Sangsari Badenerstrasse 29 CH-8004 Zürich Nachricht: Suramoon	Payment data	Processing of card payments

Recipient	Data	Purpose
one.com / WP.one (group.one), Denmark	Website, form and email data	Website hosting, contact form, email
Termly Inc., USA	IP address, device and browser information, consent choice	Cookie banner, consent management, cookie policy
Google Ireland Limited, Ireland, and Google LLC, USA	IP address; usage data (Analytics only with consent)	Fonts (Google Fonts), usage analysis (Google Analytics), search performance analysis (Search Console)
Villa Aranjaya, Strada Comunale 2, 96016 Lentini SR, Italy	Name, dates of stay	Reservation, statutory guest registration
Authorities	as required	Legal obligations

We do not sell data or pass them on to third parties for advertising.

6. Transfers Abroad

The retreats take place in Italy. Data are therefore transferred to the EU, whose level of data protection Switzerland recognises as adequate. Termly and Google also process data in the USA. For these transfers we rely on the Swiss-U.S. or EU-U.S. Data Privacy Framework where the provider is certified under it, and otherwise on the European Commission's Standard Contractual Clauses.

7. Retention

- Contact requests: until resolved, at most 12 months
- Booking and invoicing data: 10 years (statutory retention obligation)
- Medical records: 20 years after completion of treatment
- Server log files: 30 days
- Consent choice in the cookie banner: 12 months, after which you will be asked again

8. Cookies, Analytics and Fonts

Cookie management: We use Termly (Termly Inc., USA). Termly provides the cookie banner and stores your consent choice. You can accept or reject cookies or customise your settings, and you can change or withdraw your choice at any time via the "Cookie settings" control on this website.

We set technically necessary cookies without consent. Non-essential cookies, e.g. for statistics or marketing purposes, are only set after your explicit consent. An overview of the cookies used can be found in our Cookie Policy (PDF).

Google Analytics: With your consent, we analyse the use of the website with Google Analytics, integrated via the WordPress plugin Google Site Kit. Usage data such as pages visited, time spent on the site, and device and browser information are processed.

Google Search Console: We use Google Search Console to analyse how the website is found in Google Search. In doing so, we receive aggregated data on search queries and page views.

Google Fonts: The fonts on this website are loaded from Google servers. In the process, your browser transmits your IP address to Google.

9. Data Security

We protect your data with appropriate technical and organisational measures, including encrypted transmission, access restrictions and separate storage of health data.

10. Your Rights

You may request access to your data as well as their rectification, erasure or release. You may object to processing and withdraw your consent at any time with effect for the future. Statutory retention obligations remain reserved.

Please send your request to info@suramoon.com, even if it concerns data held by Praxis Jakobus GmbH. We will forward it to Praxis Jakobus GmbH.

You may lodge a complaint with a supervisory authority: in Switzerland with the Federal Data Protection and Information Commissioner (EDÖB), in the EU with the supervisory authority of your country of residence, and in Italy with the Garante per la protezione dei dati personali.

11. Changes

We will update this policy if our data processing changes. The version published on this website at the time applies.